

BOOST YOUR METABOLISM NATURALLY!

gnite your metabolism and keep your weight goals on track with pHit. This naturally sourced blend of botanicals supports your body's own fat-metabolizing engine while helping you stay energized - all in sync with smart eating and regular movement.†

INGREDIENTS

ELDERBERRY, BILBERRY, AND GRAPE SEED

EXTRACTS Our proprietary blend of these antioxidant-rich botanicals helps promote the body's natural fat-oxidation pathways, supports healthy energy expenditure, and contributes to overall wellness.

GUARANA Guarana seed delivers naturally occurring caffeine that may support a temporary rise in metabolic rate and fat-oxidation activity, helping healthy weightmanagement efforts when combined with sensible diet and exercise. It can also help curb feelings of hunger and support endurance during physical activity.

GREEN-TEA EXTRACT (STANDARDIZED FOR EGCG)

Green-tea catechins—especially EGCG—have been studied for their ability to support resting metabolic rate and assist the body's fat-metabolism processes, particularly during exercise.

VITAMIN C (Ascorbic Acid) Vitamin C supports immune function and contributes to the protection of cells from oxidative stress.



SUPPLEMENT FACTS

Serving Size: 1.5g (1 stick pack) Servings per Container: 30

AMOUNT PER S	SERVING	% DAILY VALUE*
Vitamin C (as ascorbic acid)	400mg	444%
Guarana Powder (Paullinia cupana)	250mg	†
Green Tea Extract (Camellia sinensis)	250mg	†
PROPRIETARY INGREDIENTS	350mg	†
Elderberry extract (Sambucus canadensis)		
Bilberry extract (Vaccinium mytrillus L.)		
Grape seed extract (Vitis vinifera)		

OTHER INGREDIENTS: Stevia Leaf Extract
*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

DIRECTIONS: Mix 1 stick pack into 12-16 fl oz of water.

RECOMMENDED DOSAGE:

1-2 stick packs per day.

WARNING: PRODUCT MAY STAIN.

Contains caffeine. Not recommended for children, pregnant or nursing women, or individuals sensitive to caffeine. Consult your healthcare provider before use if you have a medical condition, take prescription medications, or are unsure if this product is right for you. Store in a cool, dry place.

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary. 57 mg of caffeine/serving

No fillers. No fads. Just proven performance.